

Time schedule ICC in TeamGym 2025

Plzen 19.4.2025

Accreditation (TEAM, MICROTEAM)	07:00	–	08:30
Orientation meeting (Head of delegations, coaches) for TEAM	07:30	–	08:00
General warm-up for TEAM competition	07:30	–	08:15
Judges' instruction meeting	08:00	–	08:30
Official training for TEAM competition - GROUP 1	08:30	–	09:45
TEAM competition - GROUP 1	09:50	–	11:15
Official training for TEAM competition - GROUP 2	11:15	–	12:10
TEAM competition - GROUP 2	12:10	–	13:05
Accreditation (MICROTEAM)	12:00	–	13:00
Orientation meeting (Head of delegations, coaches) for MICROTEAM	13:15	–	13:45
General warm-up for MICROTEAM competition	13:15	–	14:10
Award Ceremony (TEAM)	14:20		
MICROTEAM training and competition - GROUP 1	14:50	–	16:05
MICROTEAM training and competition - GROUP 2	16:15	–	17:30
MICROTEAM training and competition - GROUP 3	17:40	–	18:50
MICROTEAM training and competition - GROUP 4	19:00	–	20:10
Award Ceremony (MICROTEAM)	20:30		
Competition closing	21:00		

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Plzen 19.4.2025

Competition **ICC TEAM - GROUP 1 (YOUTH II, YOUTH I)**
 Number of teams 9
 Training duration **0:08**
 Training start 8:30

Rotation duration **0:09**
 Competitions start 9:50

TRAINING			
Time (hrs)	Floor	Tumble	Trampet
8:30	1	2	3
8:38	4	5	6
8:46	7	8	9
8:54	3	1	2
9:02	6	4	5
9:10	9	7	8
9:18	2	3	1
9:26	5	6	4
9:34	8	9	7

Training end: 9:45

COMPETITION			
Time (hrs)	Floor	Tumble	Trampet
9:50	1	2	3
9:59	4	5	6
10:08	7	8	9
10:17	3	1	2
10:26	6	4	5
10:35	9	7	8
10:44	2	3	1
10:53	5	6	4
11:02	8	9	7

Competition end: 11:10

1 TJ CHROPYNĚ
 4 GYM CLUB REDA
 7 TVT MOTION
 3 TJ SOKOL ŘEPORYJE - GYMSTAR
 6 GYMNASTIKA ŘÍČANY
 9 GYMNASTIKA DOBŘÍŠ I
 2 NEW BRA - DRAGONFLY
 5 FLIK - FLAK PLZEŇ
 8 TJ ROŽNOV POD RADHOŠTĚM

Competition **ICC TEAM - GROUP 2 (JUNIOR, OPEN)**
 Number of teams 6
 Training duration **0:08**
 Training start 11:15

Rotation duration **0:09**
 Competitions start 12:10

TRAINING			
Time (hrs)	Floor	Tumble	Trampet
11:15	10	11	12
11:23	13	14	15
11:31	12	10	11
11:39	15	13	14
11:47	11	12	10
11:55	14	15	13

Training end: 12:05

COMPETITION			
Time (hrs)	Floor	Tumble	Trampet
12:10	10	11	12
12:19	13	14	15
12:28	12	10	11
12:37	15	13	14
12:46	11	12	10
12:55	14	15	13

Competition end: 13:05

10 ASD IBIS SPORT
 13 TJ SOKOL ŘEPY
 12 GYMNASTIKA ŘÍČANY
 15 TJ CHROPYNĚ
 11 TJ ROŽNOV POD RADHOŠTĚM
 14 FRÝDEK-MÍSTEK - PRUŽINKY

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Competition **ICC MICROTEAM - GROUP 1 (YOUTH II, YOUTH I)**

Number of teams 6

Training duration **0:10**

Training start 14:50

Rotation duration **0:07**

TRAINING			
Time (hrs)		Tumble	Trampet
14:50		16+18	17+19
15:14		20+17	21+16
15:38		19+21	18+20

COMPETITION			
Time (hrs)		Tumble	Trampet
15:00		16	17
		18	19
15:24		20	21
		17	16
15:48		19	18
		21	20

15:07	16	HSV 1946 YOUTH II
15:14	17	FLIK - FLAK PLZEŇ
15:31	18	HSV 1946 YOUTH I
15:38	19	FRÝDEK-MÍSTEK - PRUŽINKY
15:55	20	TVT MOTION
16:02	21	FLIK - FLAK PLZEŇ

Competition end: 16:05

Competition **ICC MICROTEAM - GROUP 2 (OPEN)**

Number of teams 6

Training duration **0:10**

Training start 16:15

Rotation duration **0:07**

TRAINING			
Time (hrs)		Tumble	Trampet
16:15		22+24	23+25
16:39		26+23	27+22
17:03		25+27	24+26

COMPETITION			
Time (hrs)		Tumble	Trampet
16:25		22	23
		24	25
16:49		26	27
		23	22
17:13		25	24
		27	26

16:32	22	TJ HOSTIVICE MIX B
16:39	23	TJ HOSTIVICE MIX A
16:56	24	HSV 1946 OPEN
17:03	25	TVT MOTION
17:20	26	TJ ROŽNOV POD RADHOŠTĚM
17:27	27	FLIK - FLAK PLZEŇ

Competition end: 17:30

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Competition **ICC MICROTEAM - GROUP 3 (JUNIOR)**

Number of teams 5

Training duration **0:10**

Training start 17:40

Rotation duration **0:08**

TRAINING			
Time (hrs)		Tumble	Trampet
17:40		28+30	29+31
18:06		32+29	28+30
18:32		31	32

COMPETITION			
Time (hrs)		Tumble	Trampet
17:50		28	29
		30	31
18:16		32	28
		29	30
18:42		31	32

17:58 28 GYMNASTIKA DOBŘÍŠ JUNIOR

18:06 29 GYMSPORT PRAHA

18:24 30 T.J. SOKOL VYŠEHRAD

18:32 31 TVT MOTION

18:50 32 NEW BRA - FAIRY GREEN

Competition end: 18:50

Competition **ICC MICROTEAM - GROUP 4 (SENIOR)**

Number of teams 5

Training duration **0:10**

Training start 19:00

Rotation duration **0:08**

TRAINING			
Time (hrs)		Tumble	Trampet
19:00		33+35	34+36
19:26		37+34	33+35
19:52		36	37

COMPETITION			
Time (hrs)		Tumble	Trampet
19:10		33	34
		35	36
19:36		37	33
		34	35
20:02		36	37

19:18 33 FLIK - FLAK PLZEŇ

19:26 34 TJ ROŽNOV POD RADHOŠTĚM

19:44 35 FLIK - FLAK PLZEŇ

19:52 36 NEW BRA - FAIRY RED

20:10 37 SK UP OLOMOUC

Competition end: 20:10