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# **Invitation**

# TRAINING CAMP

**Acrobatic Gymnastics** 



Kranevo (BUL)
13<sup>th</sup> to 19<sup>th</sup> August, 2024







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To the Member Federations of European Gymnastics

# **Invitation to the Acrobatic Gymnastics Training Camp**

13th to 19th August, 2024 in Kranevo (BUL)

Dear National Federations, dear gymnastics friends,

The European Gymnastics Technical Committee for Acrobatic Gymnastics (TC-ACRO) has the great pleasure to invite interested coaches and athletes of all levels from the European Gymnastics Member Federations to participate in a training camp.

In parallel to the training camp, workshops for coaches will be organised.

# **PARTICIPANTS**

# **Gymnasts**

We expect at least 50 participants with a maximum of 100. Each team must participate with at least one coach (the total number of the coaches depends on the number of the participating gymnasts). Any Federation intending to send more than 10 gymnasts should inform European Gymnastics when applying. In that case, they will be contacted directly for confirmation after the deadline of the registrations, **June 11**<sup>th</sup>, **2024**.

### Coaches

Specific courses and workshops will be organised for coaches coming without any gymnasts. Short sequences of workshops for all coaches will also take place before or after the training sessions.

### **VENUE**

The camp will be held from 13<sup>th</sup> to 19<sup>th</sup> August 2024 at **Sports and Health Complex Kranevo (BUL).** For further information about the venue, please visit: <a href="https://en.aqualife-sport.com/">https://en.aqualife-sport.com/</a>

AquaLife is a centre for sports and outdoor activities and is up to the latest world standards. Since 2010, AquaLife has received over 50 000 athletes from different countries. The infrastructure offers everything you need for camps and competitions. Sports facilities have international certificates and are designed for year-round operation.

AquaLife is situated in Kranevo village in north-eastern Bulgaria, 24 km from Varna airport and 95 km from Burgas. The village is located on the Black Sea shore between the two biggest Bulgarian resorts, Golden Sands and Albena.







### RESPONSIBILITY OF THE COACHES

As most of the gymnasts participating in the training camp are minors, it is important for us to underline that the coach accompanying the gymnasts must take care of their welfare and security and to supervise them at all times, not only during the training sessions.

## **LANGUAGE**

The training camp and workshops for coaches will be held in English.

## **PROGRAMME**

Tuesday August 13<sup>th</sup> Arrival

Wednesday August 14<sup>th</sup> – Sunday August 18<sup>th</sup> Training and workshops

Sunday August 18<sup>th</sup>, evening Banquet Monday August 19<sup>th</sup> Departure

The coaches course/workshops will include all aspects of ACRO, including:

Progression and development of pair and group elements;

- Training and conditioning;
- Code of points;
- Table of difficulty;
- Constructing a routine;
- Development plans;
- Specific requests indicated on the registration forms submitted;
- Everything you ever wished to know about this exciting gymnastics discipline.

Leisure activities will be proposed at special prices (to be arranged on arrival).

The team of experts is composed by some of the best coaches in Europe (some changes could occur):

• Carine Charlier – FRA European Gymnastics Acrobatics TC President

Nikolay Ivanov – BUL European Gymnastics representative / Manager of

coaches and Workshops/ Training expert

Galina Kovalchuk – UKR Choreography expert
 Ana Matyskina – GER Choreography expert

Amir Mozes – ISR
 Igor Blintsov – GER
 Sergey Tretyakov - BEL
 Yury Golyak – UKR
 Eva Pioline Mauriceau – FRA
 Vladimir Makarchenko – GBR
 Yves Vander Donckt – POR
 Training expert
 Training expert

## **IMPORTANT REMARK**

If some units are selected for the World Championships 2024, please add a note in the registration form so that some specific extra training may be organised if there are opportunities. Only the requests for the gymnasts registered in the nominative entries of the World Championships or World Age Group Competitions will be allowed for these extra training slots.



### REGISTRATION

The registrations must be sent within the fixed deadlines to <u>BOTH these following addresses</u>:

European Gymnastics - info@europeangymnastics.com

LOC - bulacro@gmail.com

Deadline registrations: 11.06.2024
Deadline for payment of participation fees: 25.06.2024
Deadline to send travel details: 25.06.2024
Deadline to send rooming list: 25.06.2024

# **PARTICIPATION FEE**

The participation fee is **510 € / person** for 6 nights and includes:

- Training with qualified instructors (camp experts);
- Workshops for coaches;
- Access to the gym hall and sport facilities according to the programme;
- Full board accommodation in rooms with 2 to 4 beds, shower/toilet in each room;
- Use of the beach;
- Banquet;
- Transfer from Varna Airport and Varna railway or bus stations.

For those of you who are not able to come or leave on the official arrival/departure dates, extra nights can be offered before or/and after the camp. Price: 79 € / person.

Please transfer the exact amount <u>no later than **25.06.2024**</u> to the following bank account of the LOC:

Account Holder: Bulgarian Federation of Sports Acrobatics
Account Holder Address: 75, Vasil Levski bd, 1040 Sofia, Bulgaria

Bank name: First Investment Bank – Branch Narodno sabranie 2

Bank address: 1000 Sofia, 3 Narodno sabranie Sq. IBAN: BG20 FINV 9150 10 EUR 0 LPB4

BIC code: FINV BGSF / EUR

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: **Country XXX, ACRO Camp 2024** 

Example: BUL, ACRO Camp 2024

# **CANCELLATION POLICY**

Cancellation before 25/06/2024 included: free of charge

**Cancellation** between 26/06/2024 and 30/07/2024 included: 30 € per cancelled participant will be charged. The remaining amount will be reimbursed.

**Cancellation** on 01/08/2024 and after: no reimbursement possible and the participation fees have to be paid in full.

**NOTA BENE:** Invoices for the participation fee are to be requested to the LOC (<u>bulacro@qmail.com</u>).

# TRAVEL INFORMATION

Transport is organised by the LOC from/to Varna airport, Varna train station and Varna bus station and is included in the participation fee.

Please send your travel details to the LOC (bulacro@gmail.com) no later than 25.06.2024.



# Transfer from / to Burgas airport

The LOC can also provide local transportation from Burgas Airport to Kranevo and back. This service will be charged at the price of 30 € per person per way and at each delegation's own expenses.

Please make sure that you do not purchase flight tickets before European Gymnastics confirms that the training camp will definitively take place.

# **ROOMING INFORMATION**

In order to ease the check-in process at the hotel, we kindly ask you to fill out the rooming list (only in double rooms) and send it to the LOC no later than **25.06.2024.** 

For further information about the venue, please contact:

**Bulgarian Federation of Sports Acrobatics** 

1000 Sofia, 75 Vasil Levski blvd, Bulgaria Tel./fax: +359 2 987 62 45 Mobile +359 894 640108 Nedko Kostadinov bulacro@gmail.com

The members of the European Gymnastics TC-ACRO hope that this Training Camp can welcome participants from many different federations!

Yours Sincerely,

**EUROPEAN GYMNASTICS** 

Dr Farid GAYIBOV

President

Ms Carine CHARLIER
TC-ACRO President

Lausanne, May 2024



By submitting a registration, the participants of your national gymnastics federation agree to the processing of personal data contained for logistical purposes related to this European Gymnastics event and the publication of photos and/or videos for educational or communication purposes. For participants under the age of 18, it is the responsibility of your national gymnastics federation that the agreement is equally obtained from the parents.

## **DEFINITIVE AND NOMINATIVE APPLICATIONS**

By submitting a provisional and/or definitive and/or nominative application, you accept that data you input will be transmitted to and saved by European Gymnastics. Submitted information for the application to an official European Gymnastics event will be transmitted through the European Gymnastics office to the official LOC. NF has access to its data at all times in order to amend it.

### **DATA PROCESSING**

Data submitted to European Gymnastics and transferred to the LOC may be used for the following purposes:

- Preparation of the organisation of this event
- List of athletes and coaches designated by name
- List of delegations and accompanying persons designated by name

# **DUTY OF EUROPEAN GYMNASTICS**

European Gymnastics shall supply the most recent data to their LOC on time and on a regular basis.

# **DUTY OF THE LOC**

The LOC undertake not to disseminate to its own clients the data submitted by European Gymnastics and NFs, to use the information exclusively for the event, to respect the retention/erasure period provided and to take any useful measure to safeguard the information in its possession.

# RETENTION OF INFORMATION IN ORDER TO PREPARE THE EVENT

The LOC is entitled to retain for a 6-month period the information related to the entries and the organisation of the event.

After this deadline, all information received shall be erased except for the accounting data such as invoicing. The legal deadline of the host country shall apply.

# **PHOTOS AND/OR VIDEOS**

By submitting a provisional and/or definitive and/or nominative registration through the NF, all participants agree to be filmed, photographed, identified and otherwise recorded during the event. Photos and videos taken at the event shall be used solely for personal and non-commercial purposes unless prior written consent is obtained from European Gymnastics.

### **CONTACT**

**EUROPEAN GYMNASTICS** 

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