



**51st International Trampoline
Competition of Friendship 2024**
(Youth Olympic Hopefuls' Competition)
Jablonec nad Nisou (CZE), 11th-12th October 2024



DIRECTIVES

Event ID: 17838

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Czech Republic has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Trampoline Gymnastics TRA Individual and Synchro Competition
HOST FEDERATION	Czech Gymnastics Federation Zátopkova 100/2, P.O.Box 40, 160 17 Praha 6, Czech Republic Contact person : Vladimír Zeman Phone: (+ 420) 606 711 323 E-mail : trampoliny@gymfed.cz Website : http://gymfed.cz
LOCATION	Jablonec nad Nisou, Czech Republic
DATE	From 11 th to 12 th October, 2024
VENUE	City Sports Hall Jablonec nad Nisou U Prehrady 4747/20 , 466 02 Jablonec nad Nisou, Czech Republic Tel.: +420 483 368 740 e-mail: hala.recepce@sportjablonec.cz , web-site: www.sportjablonec.cz
APPARATUS SUPPLIER	Please refer to the attached apparatus list
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none">• Statutes• Code of Ethics• Code of Conduct• Technical Regulations• Code of Discipline• Code of Points and relevant Newsletters• General Judges' Rules• Specific Judges' Rules• Anti-Doping Rules• Licence rules (except for non competitive events)• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events• FIG Medical Guidelines for FIG Competitions and Events• Media Rules• Apparatus Norms• Rules for Sanctioning (approval) of International Events• Advertising and Publicity Rules• Regulations for Award Ceremonies• Accreditation Rules <i>and subsequent decisions of the FIG Executive Committee</i>
FEDERATIONS INVITED	The Organizing Member Federation will invite all Member Federations according to the following principles:



NÁRODNÍ
SPORTOVNÍ
AGENTURA



ČESKÁ
GYMNASTICKÁ
FEDERACE



JABLONEC
NAD
NISOU



	Gymnasts from the FIG affiliated federations and/or their clubs in good standing, except from countries not allowed by the FIG or European Gymnastics exceptional measures, may participate. The clubs have to respect their national eligibility rules for participation in the international events.																														
CAPACITY LIMIT	400 gymnasts																														
AGE LIMITS	<p>A. FIG sanctioned - men & women, boys & girls :</p> <ul style="list-style-type: none"> - Senior individual: As per FIG Technical regulations - Senior synchro: As per FIG Technical regulations - Junior individual: As per FIG Technical regulations - Junior synchro: As per FIG Technical regulations <p>Remarks :</p> <ul style="list-style-type: none"> - Difficulty limit per element in junior category as per valid FIG Code of Points. <p>All gymnasts must have a valid FIG licence until the end of the event. Gymnasts without the FIG licence will be not allowed to start.</p> <p>B. FIG not sanctioned: For Age Group categories 13-14 & 11-12 (not sanctioned) see the part Additional information at the end of Directives.</p>																														
JUDGES AND JURIES	<p>All judges must have a current valid FIG brevet at the time of the event, for the respective discipline (TRA).</p> <p>All participating delegations have to provide 1 judge for 1-8 gymnasts, 2 judges for 9-16 gymnasts, etc. Higher entry fee (EUR 50,-) per gymnast / pair, will be applied for federations / clubs with more than two (2) gymnasts for the number of gymnasts with missing judge. Examples:</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th>Gymnasts</th> <th>Pairs</th> <th>judges</th> <th>Ind.fee</th> <th>Syn.fee</th> </tr> </thead> <tbody> <tr> <td>2</td> <td>1</td> <td>0</td> <td>(2x 40 EUR)</td> <td>(1x 40 EUR)</td> </tr> <tr> <td>8</td> <td>4</td> <td>0</td> <td>(8x 50 EUR)</td> <td>(4x 50 EUR)</td> </tr> <tr> <td>8</td> <td>4</td> <td>1</td> <td>(8x 40 EUR)</td> <td>(4x 40 EUR)</td> </tr> <tr> <td>16</td> <td>8</td> <td>1</td> <td>(8x 40 EUR) (8x 50 EUR)</td> <td>(4x 40 EUR) (4x 50 EUR)</td> </tr> <tr> <td>16</td> <td>8</td> <td>2</td> <td>(16x 40 EUR)</td> <td>(8x 40 EUR)</td> </tr> </tbody> </table>	Gymnasts	Pairs	judges	Ind.fee	Syn.fee	2	1	0	(2x 40 EUR)	(1x 40 EUR)	8	4	0	(8x 50 EUR)	(4x 50 EUR)	8	4	1	(8x 40 EUR)	(4x 40 EUR)	16	8	1	(8x 40 EUR) (8x 50 EUR)	(4x 40 EUR) (4x 50 EUR)	16	8	2	(16x 40 EUR)	(8x 40 EUR)
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REGISTRATION DEADLINES	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;">Provisional registration:</td> <td style="width: 20%;">30.06.2024</td> <td style="width: 40%;">entry form attached</td> </tr> <tr> <td>Definitive registration:</td> <td>15.08.2024</td> <td>entry form attached</td> </tr> <tr> <td>Nominative registration:</td> <td>20.09.2024</td> <td>entry form attached</td> </tr> </table> <p>LOC contact - email : trampoliny@gymfed.cz</p>	Provisional registration:	30.06.2024	entry form attached	Definitive registration:	15.08.2024	entry form attached	Nominative registration:	20.09.2024	entry form attached																					
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ENTRY FEES	<p>Entry fee EUR 40,- per gymnast, EUR 40,- per synchronised pair, EUR 50,- per gymnast / pair from federations / clubs with more than two (2) gymnasts for the number of gymnasts / pairs with missing judge. Entry fees are non-refundable.</p>																														
ACCREDITATION	<p>Accreditation will be held at the competition venue. During accreditation the following will be checked as well:</p> <ul style="list-style-type: none"> - delegation members participation - proof of the cover notes or photocopy of the valid insurance policy - payments (entry fees, accommodation, Prague transfers) - FIG licence, passport, personal ID, etc. may be requested. <p>The Competition Cards should be handed in during the accreditation. In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.</p>																														
EVENT FORMAT	<p>Valid FIG Trampoline Code of Points and FIG Junior and WAGC Rules will be applied.</p> <p>Qualification (Q1):</p> <ul style="list-style-type: none"> - <u>Seniors</u>: 2 voluntary exercises, better counts (FIG A) - <u>Juniors</u>: first exercise with FIG requirements + voluntary routine (FIG B) <p>Semi-Finals (Q2) for senior individual categories only:</p> <ul style="list-style-type: none"> - top 24 gymnasts from qualification (Q1) if 48 or more nominative entries - top 16 gymnasts from qualification (Q1) if 32 or more nominative entries 																														

	<p>- no semi-final if less than 32 nominative entries in the category</p> <p>Finals will start from zero.</p> <p>Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category).</p> <p>In addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final / semi-final.</p> <p>Insufficient participation: if less than 3 participants in a category, the category can be cancelled.</p> <p>Difficulty limit per element as per valid FIG Code of Points (junior categories).</p>
PROVISIONAL SCHEDULE	<p>Wednesday 9.10.2024 Arrivals to Jablonec or Prague</p> <p>Thursday 10.10.2024 Arrivals to Jablonec or Prague Scheduled trainings (10.00-18.00) Free training (18.00-20.00) Orientation meeting (18.00) Judges meeting (18.30)</p> <p>Friday 11.10.2024 Competition Day 1 (Qualifications Q1)</p> <p>Saturday 12.10.2024 Competition Day 2 (Qualification Q2, Finals) Closing Evening Party</p> <p>Sunday 13.10.2024 Departures from Jablonec/Prague</p> <p>Definitive time schedule will be sent with the Work Plan and handed out upon arrival.</p>
MEDICAL SERVICES	<p>Medical services will be provided by the LOC during trainings and competitions. Closest hospital is Nemocnice Jablonec nad Nisou, Nemocniční 4446, 466 01 Jablonec nad Nisou.</p>
COVID-19	<p>The LOC should follow local guidelines in management of COVID-19. The LOC must facilitate COVID-19 testing for delegations when it is required to have a negative test for return to their country.</p>
VISA	<p>Please verify immediately with your travel agent or the Czech Republic Embassy or Consulate in your country if a visa is required for your travel to Czech Republic. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 15.08.2024 to the LOC.</p> <p>The request must include full name, function, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
INSURANCE	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness including Covid-19, quarantine, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations and clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges.</p> <p>Czech Gymnastics Federation and the LOC recommend that each delegation takes travel insurance including Covid-19 as illness and an eventual needed quarantine period and appropriate cancellation insurance also for the travel and accommodation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The LOC will subsequently offer insurance available on the Czech insurance market at the Federations own charge.</p>
SAFEGUARDING	<p>From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members)</p>

	<p>have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable.</p> <p>The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site.</p> <p>In addition, posters of the “10 Golden Rules of Gymnastics”, the FIG campaign to raise awareness about youth protection in Gymnastics, will have to be displayed in several locations, including training and warm-up halls and public zones.</p>												
INTERNATIONAL TRANSPORTATION	<p>The participating federations and clubs must pay for the travel costs of their delegation members. Czech Gymnastics Federation and the LOC recommend that each delegation takes appropriate cancellation insurance for the international transportation.</p> <p>The Travel Form must be returned to the LOC by 20.09.2024.</p>												
LOCAL TRANSPORTATION	<p>Prague transfers</p> <p>The city of Jablonec nad Nisou is situated 120 km of Czech capital Prague. The Organizing Committee will provide the transportation from Prague Airport / train station / bus station to Jablonec nad Nisou and back to Prague Airport / train station / bus station for all those who have ordered this in the Definitive entry. Cost per person (return) is EUR 60,-.</p> <p>Local shuttle service</p> <p>Shuttle bus service between the official hotel(s) and Sports Hall will operate from Thursday October 10th, 2024 to Saturday October 12th, 2024 with priority for all those who have selected the accommodation in the official hotel(s).</p>												
ACCOMMODATION	<p>The invited participating federations and clubs must pay for the accommodation and meals expenses of their delegation members.</p> <p><u>Official hotel Option A:</u></p> <p>Hotel Břízky***+, Průběžná 22, 466 04 Jablonec nad Nisou, Czech Republic, tel.: +420 483 737 240, e-mail: hotel@brizky.cz, web site: www.brizky.cz, free parking, 1 km walking to the sports hall.</p> <p>Full package 4 nights with breakfast, dinner on Wednesday, Thursday and Friday, lunch on Thursday, Friday and Saturday, banquet with dinner on Saturday, hotel - venue transfers.</p> <p>Full package 3 nights with breakfast, dinner on Thursday and Friday, lunch on Friday and Saturday, banquet with dinner on Saturday, hotel - venue transfers.</p> <table border="0"> <tr> <td>Prices for <u>whole stay per person</u> :</td> <td>4 nights (Wed-Sun)</td> <td>3 nights (Thu-Sun)</td> </tr> <tr> <td>in single room</td> <td>490,- EUR</td> <td>400,- EUR</td> </tr> <tr> <td>in double room</td> <td>390,- EUR</td> <td>320,- EUR</td> </tr> <tr> <td>(in triple room - limited capacity)</td> <td>390,- EUR</td> <td>320,- EUR</td> </tr> </table> <p>For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz if necessary.</p> <p>Cancellation policy :</p> <p>- cancellation after September 29th or no show of the team : cancelation fee of EUR 130,- per person in single room and EUR 105,- per person in double / triple room will be applied. Small changes may be accepted without cancelation fee.</p> <p><u>Official hotels option B:</u></p> <p>Hotel Rehavital***, Jugoslávská 30/11, 466 01 Jablonec nad Nisou, Czech Republic, Tel.: +420 483 317 591, e-mail: info@rehavital.cz, web site: www.rehavital.cz, in the city center, 1,5 km walking to the sports hall.</p> <p>Hotel Zlatý Lev***+, Kostelní 19/1, 466 01 Jablonec nad Nisou, Czech Republic, tel.: +420 483 333 000, e-mail: info@zlatylevijbc.cz, web site: www.zlatylevijbc.cz, free parking, 2 km walking to the sports hall.</p> <p>Hotel Petřín***, Petřínská 6, 466 06 Jablonec nad Nisou, Czech Republic, tel.: +420 606 068 799, e-mail: info@hotelpetrin.cz, web site: https://hotelpetrin.cz, free parking, 3 km walking to the sports hall (10-15 min drive).</p> <p>Hotel Liberec***, Šaldovo náměstí 1345/6, 46001 Liberec, Czech Republic, tel.: +420 482 710 028, e-mail: recepce@hotel-liberec.cz, web site:</p>	Prices for <u>whole stay per person</u> :	4 nights (Wed-Sun)	3 nights (Thu-Sun)	in single room	490,- EUR	400,- EUR	in double room	390,- EUR	320,- EUR	(in triple room - limited capacity)	390,- EUR	320,- EUR
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	<p>https://hotel-liberec.eu, parking included, 11 km to the sports hall (20 min drive).</p> <p>Full package 4 nights with breakfast, dinner on Wednesday, Thursday and Friday, lunch on Thursday, Friday and Saturday, banquet with dinner on Saturday, hotel - venue transfers.</p> <p>Full package 3 nights with breakfast, dinner on Thursday and Friday, lunch on Friday and Saturday, banquet with dinner on Saturday, hotel - venue transfers.</p> <p>Prices for <u>whole stay per person</u> : 4 nights (Wed-Sun) 3 nights (Thu-Sun)</p> <table border="0"> <tr> <td>in single room</td> <td>420,- EUR</td> <td>340,- EUR</td> </tr> <tr> <td>in double room</td> <td>360,- EUR</td> <td>295,- EUR</td> </tr> <tr> <td><i>(in triple room - limited capacity)</i></td> <td>360,- EUR</td> <td>295,- EUR</td> </tr> </table> <p>For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz if necessary.</p> <p>Cancellation policy :</p> <p>- cancellation after September 29th or no show of the team : cancelation fee of EUR 110,- per person in single room and EUR 95,- per person in double / triple room will be applied. Small changes may be accepted without cancelation fee.</p> <p>Official hotel option C:</p> <p>Hotel Merkur***, Anenské náměstí 8, 466 04 Jablonec nad Nisou, Czech Republic, tel.: +420 483 312 741, e-mail: recepce@hotelmekur.cz, web site: www.hotelmekur.cz, in the city center, 2 km walking to the sports hall.</p> <p>Full package 4 nights with breakfast, dinner on Wednesday, Thursday and Friday, lunch on Thursday, Friday and Saturday, banquet with dinner on Saturday, hotel - venue transfers.</p> <p>Full package 3 nights with breakfast, dinner on Thursday and Friday, lunch on Friday and Saturday, banquet with dinner on Saturday, hotel - venue transfers.</p> <p>Prices for <u>whole stay per person</u> : 4 nights (Wed-Sun) 3 nights (Thu-Sun)</p> <table border="0"> <tr> <td>in single room</td> <td>390,- EUR</td> <td>320,- EUR</td> </tr> <tr> <td>in double room</td> <td>320,- EUR</td> <td>270,- EUR</td> </tr> <tr> <td><i>(in triple room - limited capacity)</i></td> <td>320,- EUR</td> <td>270,- EUR</td> </tr> </table> <p>For any necessary adjustment of the package or for urgent special request for triple room(s) please contact us on trampoliny@gymfed.cz if necessary.</p> <p>Cancellation policy :</p> <p>- cancellation after September 29th or no show of the team : cancelation fee of EUR 105,- per person in single room and EUR 90,- per person in double / triple room will be applied. Small changes may be accepted without cancelation fee.</p> <p>The official accommodation capacity is limited and will be handled on the “first come first serve” basis. The teams will be allocated to the hotels with regards to the efficient use of hotel capacity booked by LOC and the efficient planning of the shuttle bus transport schedule. In the case of exceeding the limit the appropriate alternative accommodation will be offered by the LOC by individual way.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>Cancellation insurance:</p> <p>Czech Gymnastics Federation and the LOC strongly recommend that each delegation takes appropriate cancellation insurance also for the accommodation.</p>	in single room	420,- EUR	340,- EUR	in double room	360,- EUR	295,- EUR	<i>(in triple room - limited capacity)</i>	360,- EUR	295,- EUR	in single room	390,- EUR	320,- EUR	in double room	320,- EUR	270,- EUR	<i>(in triple room - limited capacity)</i>	320,- EUR	270,- EUR
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MEALS	<p>Meals are included into the official accommodation packages A, B and C. Participants not using the official accommodation package may order extra lunch in Sports Hall restaurant on Thursday, Friday and/or Saturday for EUR 18,- each.</p> <p>Cancellation policy :</p> <p>- extra lunches cancelled after September 29th are not refundable.</p>																		
FINAL BANQUET	<p>Closing party with dinner is included into the accommodation packages A, B and C. Participants not using the official accommodation package may order extra banquet for EUR 45,- per person (capacity limit 400 people total).</p>																		

	<p>Cancellation policy : - extra banquets cancelled after September 29th are not refundable.</p>														
BANK ACCOUNT INFORMATION	<p>Payment deadline for entry fees + accommodation + extra meals + extra banquet + Prague-Jablonec return transfer costs is 30.08.2024. Payment should be done after confirmation of the Definitive registration and on the invoice issued by the Czech Gymnastics Federation. Payment has to be transferred to: Moneta Money Bank, Vítězné náměstí 2, Praha 6 IBAN CZ33 0600 0000 0002 6104 2911 BIC / SWIFT AGBACZPP Payment purpose Friendship Cup - NF (club) - invoice / specification Beneficiary Czech Gymnastics Federation, Zátopkova 100/2, 160 17 Praha 6, Czech Republic</p> <p>The participating federation / club is responsible for covering all bank fees in connection with the bank transfers. On request, the LOC can accept the cash payment upon arrival.</p>														
MARKETING MEDIA	<p>FIG advertising and publicity norms must be respected</p> <p>Contact for Media : Czech Gymnastics Federation Zátopkova 100/2, P.O.Box 40, 160 17 Praha 6, Czech Republic Contact person : Vladimír Zeman Phone / Fax : (+ 420) 606 711 323, E-mail : zeman@gymfed.cz</p>														
CZECH TV	<p>Czech TV will broadcast the competition highlights. 2023 highlights can be found here: https://1url.cz/w1zT1.</p>														
WEB STREAMING	<p>Will be available on the Czech Gymnastics GymTV: https://www.gymtv.cz/.</p>														
SOCIAL MEDIA	<p>Czech Gymnastics Federation (CGF) website: https://www.gymfed.cz/ Event documents on the CGF website: https://www.gymfed.cz/kalendar/detail/3259 CGF Facebook: https://www.facebook.com/CeskaGymnastickaFederace Czech Trampoline Team on Facebook: https://www.facebook.com/czechtrampolineteam CGF Instagram: https://www.instagram.com/czechgymnasticsfederation/ Czech Trampoline Team on Instagram: https://www.instagram.com/czechtrampolineteam/ CGF YouTube: https://www.youtube.com/c/GymfedCz</p>														
MISCELLANEOUS	<p>For the additional services (visa, additional accommodation, special travel arrangements, Prague sightseeing etc.) do not hesitate contact us please.</p>														
DEADLINES SUMMARY	<table border="1"> <tr> <td>Provisional Registration</td> <td>30.06.2024</td> </tr> <tr> <td>Definitive Registration (incl. accommodation, extra meals, extra banquet, Prague transfers, T-shirts)</td> <td>15.08.2024</td> </tr> <tr> <td>Visa Request Form</td> <td>15.08.2024</td> </tr> <tr> <td>Payment (entry fees, accommodation, extra meals, extra banquet, Prague transfers)</td> <td>30.08.2024</td> </tr> <tr> <td>Nominative Registration</td> <td>20.09.2024</td> </tr> <tr> <td>Rooming list (for official accommodation only)</td> <td>20.09.2024</td> </tr> <tr> <td>Travel form</td> <td>20.09.2024</td> </tr> </table>	Provisional Registration	30.06.2024	Definitive Registration (incl. accommodation, extra meals, extra banquet, Prague transfers, T-shirts)	15.08.2024	Visa Request Form	15.08.2024	Payment (entry fees, accommodation, extra meals, extra banquet, Prague transfers)	30.08.2024	Nominative Registration	20.09.2024	Rooming list (for official accommodation only)	20.09.2024	Travel form	20.09.2024
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ADDITIONAL INFORMATION	<p>Age Group Competition (not sanctioned) individual (TRI) & Synchro (TRS):</p> <ul style="list-style-type: none"> - girls AG 11-12 years (born 2012-2013), 13-14 years (born 2010-2011) - boys AG 11-12 years (born 2011-2021), 13-14 years (born 2009-2010) <p>Remarks:</p> <ul style="list-style-type: none"> - In Age Group synchronised competitions, the age of the older gymnast determines the category in which the pair must enter. - Requirements for first routine as per FIG Junior and WAGC Rules (FIG 11-12, 13-14), no first routine in synchro - Difficulty limit per element in AG 11-12 & 13-14 category as per valid FIG Junior and WAGC Rules. <p><u>For Age Group Competition only:</u></p>														

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| | <ul style="list-style-type: none">- FIG licence is recommended for the gymnasts. Delegations have to prove the age of the gymnasts (FIG licence, national licence, passport, personal ID, insurance, etc.), if requested by LOC.- If 5 or less participants/pairs in the category, no qualification will be held (final only). If 3 or less participants/pairs in the category, the category may be joined to another category or cancelled.- Also national judges with highest national category may be accepted. The LOC may require the proof of the national judging brevet or ask respective NF for confirmation the national category. |
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Sincerely Yours,

Prague, 10 June 2024



Roman Slavik
Secretary General of the
Czech Gymnastics Federation