



**VĚRA  
ČÁSLAVSKÁ**

29.11. - 1.12.2024



# **WORK PLAN**

**VĚRA ČÁSLAVSKÁ 2024**

**OLYMPIC HOPE'S CUP – JUNIORS**

**SOKOL GRAND PRIX – MIXED PAIRS COMPETITION**

**1. Place:** Competition hall  
Sport Hall of the **TJ Sokol Brno 1,**  
**Kounicova 686/22, Brno**  
49.2034664N, 16.6002136E

<b>2. Officials:</b>	Competition director	Martin Vlč
	Director assistant	Jan Caska
	Financial office	Veronika Blašková
	Announcer	David Vyoral
	Medical doctor	Jakub Jindra, Luboš Hrazdára
	Judges panels' directors	Zuzana Hořká Jiří Urbánek, Martin Uhlíř
	Computing office	Michal Šotola
	Technical team	Lukáš Bajer

**3. Accommodation:**  
Hotel CONTINENTAL \*\*\*\*  
Kounicova 6, Brno, 602 00  
49.20068620470285, 16.6046403514722  
[www.continentalbrno.cz](http://www.continentalbrno.cz)  
→ 6 min by walk from gym

If you need help with anything during your stay, call us.

Competition director      **Martin Vlč: +420 733 777 368**  
Director assistant        **Jan Caska: +420 605 046 425**

**4. Parking:**  
Free parking is available at the gymnastics hall - **if interested, please contact Martin Vlč: +420 733 777 368. Parking at the hotel is paid.**  
On the weekend, parking with blue lines is free. Parking on the blue lines is paid from Monday to Friday.

**5. Warming Up:**  
Detailed in the General Schedule.

The training hall (from 28<sup>th</sup> Nov. to 1<sup>st</sup> Dec.) is next to the competition hall (in the same building).

**The training hall for trainings from Monday 25<sup>th</sup> to Wednesday 27<sup>th</sup> is at the Sport gymnasium - gymnastics hall: Botanická 70, Brno 602 00.**

**6. Meals**  
All meals are served in the restaurant Garden Food concept. **Only breakfast is at the hotel.**

**RESTAURANT:**  
**Garden Food Concept**  
**Address:** Kounicova 39, 602 00 Brno-střed  
49.20177196519738, 16.60176754097541

## Meals schedule

			Lunch	Dinner	
<b>Sunday</b>	24.11.	MAG - AUS	15:00	19:30 - 20:00	
<b>Monday</b>	25.11.	MAG, WAG	12:30 - 14:00	19:30 - 20:30	
<b>Tuesday</b>	26.11.	MAG, WAG	12:30 - 14:00	19:30 - 20:30	
<b>Wednesday</b>	27.11.	MAG - AUS	12:30 - 14:00	19:00	
		WAG - CAN		19:45	
<b>Thursday</b>	28.11.	MAG, WAG	12:00 - 13:30	18:30 - 21:00	
<b>Friday</b>	29.11.	MAG OHC	10:45 - 12:30	18:30 - 20:00	
		WAG OHC	12:30 - 14:00	17:30 - 19:00	
		GP WAG/MAG	12:30 - 14:00	19:00 - 21:30	
<b>Saturday</b>	30.11.	MAG	12:00 - 14:00	18:00 - 20:30	
		WAG	11:00 - 14:00	(OHC competitors)	
			<b>Banquet</b>	21:00 - 23:00	<i>Coaches, judges, Sokol GP competitors</i>
		<i>(Except for OHC junior competitors)</i>			
<b>Sunday</b>	01.12.	MAG, WAG	11:30 - 14:30	18:00 - 20:00	
<b>Monday</b>	02.12.	MAG, WAG	11:30 - 14:30		

## 7. Start list of juniors competition – Olympic Hope's Cup

**Friday, November 29<sup>th</sup>, 2024**

**MAG AA & TEAM COMPETITION 14:30 – 17:30**

<u>Apparatus</u>	<u>Team on apparatus</u>
Floor	CZE + GEO (1 pers.)
Pommel Horse	HUN
Rings	AUS
- Break 1 -	IRN
Vault	AUT
Parallel Bars	POL
Horizontal Bar	SVK
- Break 2 -	SGP

One touch warm up: 3 min for one rotation (6 gymnast warming up together and then compete)

**Saturday, November 30<sup>th</sup>, 2024**

**WAG AA & TEAM COMPETITION 1<sup>st</sup> subdivision 10:15 – 12:00**

<u>Apparatus</u>	<u>Country</u>
Vault	ENG
Uneven Bars	HUN
Beam	NOR
Floor	CZE 2
- Break-	POL

**WAG AA & TEAM COMPETITION 2<sup>nd</sup> subdivision 13:00 – 14:45**

<u>Apparatus</u>	<u>Country</u>
Vault	CZE 1
Uneven Bars	CAN
Beam	GBR
Floor	RSA

## 8. GENERAL SCHEDULE

### Thursday November 28<sup>th</sup>, 2024 Arrival

14:00 – 19:00	Free training MAG & WAG – <b>competition hall</b>
14:00 – 19:00	Accreditation MAG & WAG
18:30 – 21:00	Dinner ( <u>Restaurant – Garden Food Concept</u> )
20:00	<b>Orientation meeting OHC MAG &amp; WAG</b> ( <u>Hotel Continental</u> )

### Friday November 29<sup>th</sup>, 2024 ALL-AROUND & TEAM – MAG

08:20 – 08:50	Warm Up MAG & 1 <sup>st</sup> WAG group – training hall
<b>08:50 – 12:10</b>	<b>Organized training MAG &amp; WAG – competition &amp; training hall</b>
<b>08:50 – 10:40</b>	<b>1<sup>st</sup> WAG group – org. training comp. hall:</b> (22 min per apparatus)
10:10 – 10:40	Warm Up 2 <sup>nd</sup> WAG group – training hall
<b>10:40 – 12:10</b>	<b>2<sup>nd</sup> WAG group – org. training comp. hall:</b> (22 min per apparatus)
10:45 – 14:00	Lunch – time ( <u>Restaurant – Garden Food Concept</u> ) (Times for individual groups in the meals schedule)
13:00 – 14:30	Warm Up MAG – competition hall
13:30	MAG Judges meeting
<b>14:30 – 17:30</b>	<b>MAG AA &amp; TEAM COMPETITION</b>
17:30 – 17:45	Award Ceremony – MAG AA & TEAM Competition
18:00 – 21:00	Free training OHC WAG, Sokol GP WAG & MAG
17:30 – 21:30	Dinner ( <u>Restaurant – Garden Food Concept</u> )

### Saturday November 30<sup>th</sup>, 2024 ALL-AROUND & TEAM – WAG

08:45 – 09:20	Free training WAG (1 <sup>st</sup> Sub) - training hall
09:20 – 10:15	Organized Warm Up WAG (1 <sup>st</sup> Sub) - competition hall
09:45	WAG Judges meeting
<b>10:15 – 12:00</b>	<b>WAG AA &amp; TEAM COMPETITION 1<sup>st</sup></b>
11:00 – 14:00	Lunch ( <u>Restaurant – Garden Food Concept</u> ) (Times for individual groups in the meals schedule)
11:35 – 12:10	Free training WAG (2 <sup>nd</sup> Sub) - training hall
12:10 – 12:55	Organizing Warm Up WAG (2 <sup>nd</sup> Sub) competition hall
<b>13:00 – 14:45</b>	<b>WAG AA &amp; TEAM COMPETITION 2<sup>nd</sup></b>
14:45 – 15:15	Award Ceremony – WAG AA & TEAM Competition
14:30 – 15:30	Free training Sokol GP WAG & MAG – training hall
15:30 – 16:25	Free training Sokol GP WAG & MAG – competition hall
15:30 – 15:45	WAG Judges meeting
15:45 – 16:00	MAG Judges meeting
<b>16:30 – 19:30</b>	<b>Sokol Grand Prix Brno 2023 mix pairs competition</b> - senior competition
18:00 – 20:30	<u>Dinner for OHC competitors</u> (Restaurant – Garden Food Concept)
21:00 – 23:00	<u>Dinner/banquet for – Coaches, judges, Sokol GP competitors</u> (Restaurant – Garden Food Concept)

### Sunday December 1<sup>st</sup>, 2024 APPARATUS FINAL - MAG & WAG juniors competition

09:10	WAG Judges meeting
09:30	MAG Judges meeting
08:30 – 09:55	Warm Up MAG & WAG – competition hall
<b>10:00 – 12:15</b>	<b>FINALS – All apparatus MAG &amp; WAG</b>
<b>12:15 – 12:30</b>	Award Ceremony – Finals
11:30 – 14:30	Lunch ( <u>Restaurant – Garden Food Concept</u> )
18:00 – 20:00	Dinner ( <u>Restaurant – Garden Food Concept</u> )

## 9. TRAINING SCHEDULE on request in training hall:

### Monday November 25<sup>th</sup>, 2024

		Where	
09:30 – 12:00	Training	Sport gymnazium – Botanická 70	AUS
16:00 – 19:00	Training	Sport gymnazium – Botanická 70	AUS

### Tuesday November 26<sup>th</sup>, 2024

09:00 – 12:00	Training	Sport gymnazium – Botanická 70	AUS
16:30 – 19:00	Training	Sport gymnazium – Botanická 70	AUS

### Wednesday November 27<sup>th</sup>, 2024

09:30 – 12:30	Training	Sport gymnazium – Botanická 70	AUS
16:30 – 19:00	Training	Sport gymnazium – Botanická 70	AUS+CAN

### Thursday November 28<sup>th</sup>, 2024

09:00 – 11:30	Training	Sport's gymnazium – Botanická 70	AUS, CAN
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## 10. OFFICIAL TRAINING in competition hall

### Thursday November 28<sup>th</sup>, 2024

14:00 – 19:00	<b>MAG &amp; WAG – competition hall</b> Changing on the Vault per 30 min: 14:00 – 14:30 MAG, 14:30 – 15:00 WAG, 15:00 – 15:30 MAG, 15:30 – 16:00 WAG, 16:00 – 16:30 MAG, 16:30 – 17:00 WAG, 17:00 – 17:30 MAG, 17:30 – 18:00 WAG, 18:00 – 18:30 MAG, 18:30 – 19:00 WAG
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### Friday November 29<sup>th</sup>, 2024 ALL-AROUND & TEAM – MAG

08:40 – 09:10	Warm Up MAG & 1 <sup>st</sup> WAG group – training hall
09:10 – 12:10	<b>Organized training MAG &amp; WAG – competition &amp; training hall</b>
09:10 – 10:40	<b>1<sup>st</sup> WAG group – org. training comp. hall:</b> (22 min per apparatus) POL (Vault), ENG (Un.Bars), HUN (Beam), CZE 2 (Floor)
10:10 – 10:40	Warm Up 2 <sup>nd</sup> WAG group – training hall
10:40 – 12:10	<b>2<sup>nd</sup> WAG group – org. training comp. hall:</b> (22 min per apparatus) RSA (Vault), CZE 1 (Un.Bars), CAN (Beam), GBR (Floor)
13:00 – 14:30	<b>Warm Up MAG – competition hall</b>
17:45 – 21:00	Free training OHC WAG NOR, Sokol GP WAG & MAG

**Saturday November 30<sup>th</sup>, 2024 ALL-AROUND & TEAM – WAG**

08:45 – 09:20 Free training WAG (1<sup>st</sup> Sub) - training hall

**09:20 – 10:15 Organized Warm Up WAG (1<sup>st</sup> Sub) - competition hall**  
(11 min per apparatus, + 11 min break after floor)

11:35 – 12:10 Free training WAG (2<sup>nd</sup> Sub) - training hall

**12:10 – 12:55 Organizing Warm Up WAG (2<sup>nd</sup> Sub) competition hall**  
(11 min per apparatus)

14:30 – 15:30 Free training Sokol GP – mixed pairs WAG & MAG – training hall

**15:30 – 16:25 Free training Sokol GP – competition hall**

**Sunday December 1<sup>st</sup>, 2024 APPARATUS FINAL - MAG & WAG juniors competition**

08:30 – 09:55 Warm Up MAG & WAG – competition hall  
(Vault: MAG 08:30 – 9:15, WAG 09:15 – 09:55)

## 11. SCHEDULE OF THE MIXED PAIRS COMPETITION

Saturday November 30<sup>th</sup>, 2024

16:30	OPENING CEREMONY
16:30 – 16:50	1st round - 1st set: the first 4 pairs come
16:50 – 17:05	1st round - 1st set: the second 4 pairs come
17:05 – 17:20	1st round - 1st set: third 4 pairs come
17:20 – 17:35	1st round - 2nd set: the first 4 pairs come
17:35 – 17:50	1st round - 2nd set: the second 4 pairs come
17:50 – 18:05	1st round - 2nd set: the third 4 pairs come
18:10 – 18:40	Semi-final: best 8 pairs (Warm up in reverse order – pairs 8-5 and 4-1)
18:40 – 18:45	Performance – TART rhythmic gymnastics
18:45 – 19:05	Final 4 Best Pairs
19:10	Final ceremony
20:30	Dinner

## 11. START LIST – MIXED PAIRS

### VĚRA ČÁSLAVSKÁ = SOKOL GRAND PRIX

	WAG	Nationality	MAG	Nationality
1	Frysak Bianca	AUT	Matiev Askhab	AUT
2	Balcová Adéla	SVK	Peter Vidricko	SVK
3	Gabrielle Black	CAN	Taylor Burkhart	USA
4	Denelle Pedrick	CAN	Colt Walker	USA
5	Aaliyah DeSousa	CAN	Daniel Zander	AUT
6	Mali Morgan	WALES	Theo-Amari Ochana	WALES
7	Vanesa Mašová	CZE	Ian Gunther	USA
8	Soňa Artamonová	CZE	Martin Pospíšil	CZE
9	Ema Strakošová	CZE	Daniel Bago	CZE
10	Keisha Lockert	NOR	Skogvang Peder	NOR
11	Oliwia Bergem	NOR	Amblie Joar	NOR
12	Eliška Drncová	CZE	Daniel Radovesnický	CZE

## 13. Format of the mixed pairs competition – Sokol Grand Prix:

The competition proceeds in 3 rounds:

**The first round - qualification:** 12 mixed pairs take part, every gymnast performs on two pieces of apparatus. *Warm Up – 4 first competing pairs warm up and compete, then another 4 pairs warm up and compete, then another 4 pairs warm up and compete.*

**The second round – semi-final:** 8 best ranked mixed pairs pass to the second round. In case of a tie for 8th place, all the mixed pairs for 8th place will participate in the second round. The starting order of the mixed pairs will be according to the results of the first round: the mixed pairs on the 8th place shall start. In the semi-finals the gymnasts perform on one piece of apparatus which must be different from first round. The results of the first round are not carried forward to the second round - start from zero. *Warm Up – 4 first competing pairs warm up and compete, then another 4 pairs warm up and compete. Warm up in reverse order – pairs 8<sup>th</sup>-5<sup>th</sup> and 4<sup>th</sup>-1<sup>st</sup>.*



**The third round - finals:** 4 best ranked mixed pairs in the semi-finals pass to this final round. In case of a tie for 4th place the mixed pair with the better result in the qualification round will participate in the 3rd round. If there is also a tie, the mixed pair with the higher number of highest scores will participate in the 3rd round. The starting order will be determined by drawing of lots. In the final the female and male gymnasts perform on any of the pieces of apparatus (they can repeat any of already used piece except apparatus from the second round). The results of the previous rounds are not carried forward to the 3rd round - start from zero. The Grand Prix winner is the mixed pair with the highest sum of scores in the third round. Warm Up 4

## Address:

1. **Gymnastic Hall – TJ Sokol Brno 1:** Kounicova 686/22, Brno
2. **Continental Hotel:** Kounicova 680/6, Brno
3. **Garden Food Concept:** Kounicova 39, Brno
4. **Training hall** (From Monday to Wednesday): Botanická 70, Brno

## Contact:

Competition director      **Martin Vlč:** +420 733 777 368  
Director assistant        **Jan Caska:** +420 605 046 425

A group for heads of delegations, coaches, judges to communicate about Věra Čáslavská's competition.

### WhatsApp GROUP

Scan QR code or [click HERE.](#)



**Věra Čáslavská 2024 - Brno**

Skupina WhatsApp

